

GROCERY CHECKLIST



BABY

- Baby Food
- Diapers
- Formula
- Moist Wipes
- _____

BAKERY

- Bagels
- Bread
- Buns
- Cake
- Cookies
- Muffins
- Pitas
- Tortillas
- _____

BEVERAGES

- Bottled Water
- Coffee/Filters
- Fruit Juice
- Juice Boxes
- Lemonade
- Sports Drinks
- Soda
- Tea
- Vegetable Juice
- _____

CANNED GOODS

- Applesauce
- Baked Beans
- Chili/Stew
- Corn
- Mushrooms
- Pineapple
- Peaches

- Peas
- Soups
- Tuna
- Tomato Sauce
- Vegetables
- _____

CEREALS

- Breakfast Bars
- Dry Cereals
- Granola
- Oatmeal
- Toaster Pastries
- _____

CLEANING/HOUSEHOLD

- Bleach
- Cleaning Wipes
- Dryer Sheets
- Dish/Washer Soap
- Fabric Softener
- Glass Cleaner
- Laundry Detergent
- Light Bulbs
- Dust Cloths/Spray
- Stain Remover
- _____

CONDIMENTS

- Honey
- Jelly/Jam
- Ketchup
- Mayonnaise
- Mustard
- Pickles/Relish
- Peanut Butter
- Salad Dressing
- Salt/Pepper
- Spices

- Soy Sauce
- Steak/BBQ Sauce
- Vegetable Oil
- Vinegar
- _____

DAIRY

- Milk
- Butter/Margarine
- Eggs
- Yogurt
- Cheese
- Cottage Cheese
- Sour Cream
- _____

FROZEN

- Chicken Nuggets
- Frozen Fish
- Frozen Dinners
- Frozen Vegetables
- Frozen Fruit
- French Fries
- Ice Cream/Yogurt
- Pancakes/Waffles
- Pizza
- Pies/Pie Crusts
- _____

MEATS

- Bacon
- Beef Roast/Steak
- Ground Beef
- Chicken
- Deli Meat
- Fish
- Ham
- Hot Dogs
- Turkey
- Pork Roast/Chops

- Sausage/Brats
- Shrimp
- _____

PAPER PRODUCTS

- Aluminum Foil
- Garbage Bags
- Napkins
- Paper Cups/Plates
- Paper Towels
- Plastic Wrap
- Storage Bags
- Tissues
- Toilet Paper
- Wax Paper
- _____

PETS

- Cat/Dog Food
- Cat Litter
- Treats/Toys
- Bird Seed/Fish Food
- _____

PERSONAL CARE

- Shampoo
- Conditioner
- Deodorant
- Body Wash
- Feminine Supplies
- Makeup
- Toothpaste
- Mouthwash
- Dental Floss
- Lotion
- Bandages
- Medicines
- Vitamins

- Razors/Shaving Cream
- Hand soap/sanitizer
- _____

PRODUCE

- Carrots
- Celery
- Corn
- Cucumbers
- Lettuce
- Mushrooms
- Onions
- Potatoes
- Tomatoes
- Apples
- Bananas
- Berries
- Grapes
- Melon
- Oranges
- Peaches
- Pears
- Strawberries
- _____

BAKING

- Baking Powder/Soda
- Flour
- Sugar
- Oil
- _____

MISCELLANEOUS

- _____
- _____
- _____
- _____